

# THE IAGES TIMES

## 30 Years of leadership in surgical education



**IAGES MEMBERSHIP MARK IS MOVING TOWARDS 10000 MEMBERS, AND IT IS AMONGST THE LARGEST BODY OF LAPAROSCOPIC SURGEONS IN THE WORLD. IT IS COMMITTED TO BRINGING THE LATEST AND BEST IN ACADEMICS THROUGH THE LECTURES WEBINARS AND CONFERENCES**

*become a member and grow in clinical skills*

**THE COURSES CONDUCTED BY IAGES KEEP THE SURGEONS ABREAST WITH THE THEORY BEHIND THE PRACTICE AND THE GUIDELINES FOR THE COURSES WERE FORMULATED BY OUR FOUNDER PRESIDENT DR TEHEMPTON UDWADIA, WHO WAS A GREAT ACADEMECIAN**

*become an academecian*



**IAGES FORMULATED RESEARCH COLLABORATION HAS ENABLED COOPERATION AMONGST SURGEONS FOR COLLATING CASES AND DATA & HAS REVOLUTIONISED THE PUBLICATION OF RESEARCH IN THE SURGICAL COMMUNITY**

*become a researcher*

# THE IAGES INTERNATIONAL COLLABORATION



**IFSES**



**ELSA**



**WEBSURG**



**SAGES**



**ALSGBI**



**MAS**



## THE JMAS

The Journal of Minimal Access Surgery (JMAS), the official publication of IAGES, has recently been indexed in the Science Citation Index – one of the most prestigious indexing databases. Only around 75 surgical journals from around the world are indexed in Science Citation Index. Earlier this year the JMAS also got indexed in IndMed – the Indian equivalent of PubMed.

JMAS is the first journal dedicated to Minimal Access Surgery published from India as also from the Asia Pacific region. It publishes peer-reviewed articles in the fields of laparoscopic surgery, thoracoscopic surgery, laparoscopic urology and gastrointestinal endoscopy.



# FROM PRESIDENT'S DESK.....



Dear friends,

Happy to connect with you through this 2nd e-newsletter, wonderfully crafted by Dr. Sanjay Sonar. Thanks to our dynamic EC members and all fellowship course board members and local organizing teams, we have been traveling tirelessly to conduct all different training programs to teach and train our younger colleagues in the art and science of laparoscopy and endoscopy. Nearly 30 fellowship courses are planned for this academic year and 12 courses have been completed to date.

Advanced endoscopy fellowship courses like FAGIE Colonoscopy and the upcoming FAGIE ERCP in GSL medical college, Rajahmundry are drawing more interest from our surgical colleagues. We plan to conduct 5 FALS hernia courses, one in each zone this year.

IAGES RCS Edinburgh collaborative international conference to be held in the premises of RCS Edinburgh on the 9th and 10th of October would be a jewel in the Crown of all our academic endeavors. IAGES Midterm along with 3 onsite fellowship courses at Bhopal from 26th to 29th October would be another big event of this year to watch out for.

I invite you to experience the best of academics with wonderful Chennai hospitality at IAGES 2024 to be held at Taj Coromandel from 1st to 4th February 2024.

IAGES SAARC webinars and IAGES PrimeTime have been able to connect to our global audience in the digital platform on theme-based academic deliberations by who's who in the chosen specialty.

We would appreciate all your valuable input and guidance to take IAGES to greater heights.

You may wish to write to me directly on [academics.iages@gmail.com](mailto:academics.iages@gmail.com)

Let us all get ready to host WCES 2024 Kolkatta in great style and content and provide our guests with a memorable academic experience.

Thank you

Affectionately yours

# FROM THE EDITOR'S DESK

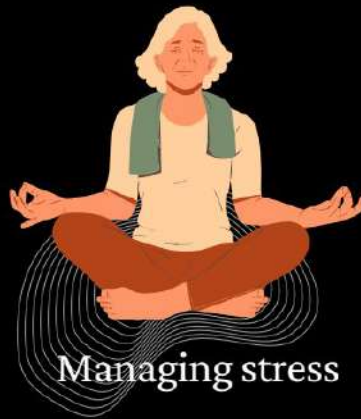
Surgery is a demanding activity, and just like sport, it requires a high level of mental and physical fitness. Indeed, it has much in common with activities like Formula 1 racing and golf, both of which demand a high level of precision, stamina and agility from their practitioners.

SO, WE SURGEONS SHOULD TAKE CARE OF OURSELVES

## SIX PILLARS OF LIFESTYLE MEDICINE



Exercising regularly



Managing stress



Getting a good night's sleep



Tapping into your social connections.



Avoiding alcohol /substance use



Eating a diet high in fruits and vegetables

*American Heart Association (AHA) recommendations for physical activity – 30 minutes of moderate-intensity exercise five times a week or 25 minutes of vigorous-intensity exercise three times a week.*



*Editor*

# THE ACADEMICS AT IAGES EFIAGES CUTTACK

7TH TO 9TH April 2023

Organizing chairman: Dr.C.R.Das

Organizing Secretary: Dr.Sreejoy Patnaik

Dear members, we returned from the Silver City of Cuttack with immense satisfaction having taught a very interested bunch of trainees by dedicated endoscopy trainers under the leadership of Dr. Satyapriya DeSarkar and the blessings of Prof BKR, Dr. Vipulroy Rathod and Dr.G.V.Rao with excellent heart-warming Hospitality by Dr. CR Das and Dr. Sreejoy Patnaik and Dr Madhuri Patnaik.

While Day 1 lecture modules were held in the new Pipul hotel in Cuttack, Days 2 & 3 with live endoscopy demonstrations were done in Shanthi memorial hospital. Banquet with Saxophone music and 'Natto Natto' group dance by faculty and delegates was very enjoyable. 60 fellowship delegates attended and all of them successfully cleared the EFIAGES assessment.

Thank you Dr. Satish Midha, Dr. Sunil Kumar, Dr. Arunima Verma, Dr. Satyapriya, Dr. Vijay Borgoankar for your cooperation and excellent academic deliberations. Visit to Dhauli, the Buddhist Monument, and Chandi temple near Cuttack are must-see places.

Over all, a truly memorable and very successful EFIAGES course.

Thank you,

Dr.C.R.Das & Dr.Sreejoy.



*The delegates at Cuttack*



*Satya Priya Sir in action, Cuttack*



*Inauguration ceremony at Cuttack*



*President speaks at Cuttack*



*Buddhist temple visit*

# THE ACADEMICS AT IAGES FALS UPPER GI JIPMER



*Deep Goyal sir at fals UGI JIPMER*



*Randeep sir demonstrating surgery*



*Faculty fals upper GI Jipmer*



*Kalaisaran and Randeep sir*



*Bariatric panel discussion*

# FIAGES EFIAGES PONDICHERRY



*Deepak demonstrating tep*



*Abhay sir on difficult GB pondo*



*Team MGM Chennai with Dr. Kanagewel*



*Satyapriya da at Endoscopy*

## IAGES in Full Throttle!

1 Destination, 2 Institutions, and 4 Training Courses  
FIAGES, EFIAGES, and PG MAS Masterclass in MGM and FALS  
Upper GI Fellowship course in JIPMER, Pondicherry  
22nd to 25th June 2023

Dear friends, it had been a wonderful 4 days of academics in Pondicherry with the conduct of 4 training courses namely FALS Upper GI in Jipmer, FIAGES EFIAGES and PG MAS Master in MGM Pondicherry. A total of 200 delegates and 30 faculty participated. 3 days of networking dinners and parties and an immersive tour of the elegant Pondicherry French village, wonderful beaches, and spiritual tours made the whole experience linger in our minds for years...

Well done team JIPMER under the leadership of Dr. Kalaiarasan and team MGM under the leadership of Dr. Kannan. Thank you, Team IAGES, for 4 front academics at their best

Our best wishes to all the organizing teams in the coming months for educative courses and help us to sign off high at IAGES 2024 Chennai from 1st to 4th February 2024.



*Team IAGES with Prof Anandkrishnan and BKR*



*Faculty felicitation, Pondicherry*



*Delegates learning from BKR sir, Pondicherry*

# FAGIE COLONOSCOPY REPORT ERODE

Report on FAGIE COLONOSCOPY FELLOWSHIP COURSE @ ERODE | 19th to 21st May 2023

We are pleased to inform you that FAGIE COLONOSCOPY FELLOWSHIP COURSE has been a very successful feat with 10 engaging Lectures, 21 colonoscopy live demonstrations including 4 polypectomy, excellent live transmission of advanced colonoscopy case demonstrations from AIG by team GV Rao, 10 simulation stations including 2 virtual Simulators, witnessed by very hungry bunch of young surgeons with basic endoscopy skills. Team FAGIE was very happy to see that course objectives were met and a sense of fulfillment in conducting the first-ever structured colonoscopy course for surgeons by surgeons.

Thanks, Dr Satish Midha, Dr Satyapriya DeSarkar, Dr John Thanakumar, Dr Navaneethakrishnan, Dr Vipulroy Rathod, Dr Arunima Verma, Dr Vijay Borgoankar, Dr sunil Kumar, DrM. Senthil, Dr Sakthivel and Dr. Selvasekar (UK), Dr. G V Rao, and team AIG Hyderabad.

Special thanks to Prof Krishna Rao for moderating the live session as early as 5 am from his holiday destination of Maldives. 52 fellowship candidates were returning home happily after enjoying all the academic deliberations.

Long live IAGES



*Selvasekar from UK, Erode*



*Abhay sir on difficult GB*



*John Thanakumar sir's felicitation*



*Moderators from across the globe, Erode*



*G V Rao sir on colonoscopy, Erode*



*Complications of colonoscopy, Erode*

# FIAGES REPORT SRINAGAR

FIAGES @ Srinagar 24th to 28th April 2023

Dear friends, team IAGES was very happy, returning back from heavenly city of Srinagar following the successful conduct of FIAGES under the leadership of FIAGES advisor Dr Zameer with company of Dr LP Thangavelu, Dr Subhash Aggarwal, Dr Satish Midha, Dr Deep Goel, Dr Ramen Goel, Dr Randeep Wadhavan, Dr Meenakshi Sharma, Dr Vivek Bindal and Dr Ranbir Singh along with spouses and children. Royal stay at LaLiT, Shikara ride in Dal lake, pilgrimage to Sankaracharya temple, walk in the national park, Lunch at Dr Muneer Khan's Trout farm, memorable trips to Gulmark, Phagalham, Sonamarg and many more places in addition to our engaging Lectures, lively interactive live session and panel discussion. It brought best of academics with the best of time with IAGES family members.

75 registrants including 40 fellowship candidates, and 20 Faculty assembled in specially erected tents with excellent AV arrangements.

We sincerely appreciate and thank Dr Imran Muzafur, Dr Muneer Khan, team Florence Hospital in Srinagar, and all local Faculty for the wonderful academic feast and excellent Hospitality.



*Inauguration ceremony at Srinagar Fiages*



*Scenic Srinagar*



*Satish Midha sir in action*



*Panel discussion Randeep sir, Srinagar*



*IAGES family*



*Faculty enjoying scenic Gulmark*

# FALS HERNIA MUMBAI

FALS HERNIA@MUMBAI  
26TH TO 28 TH MAY 2023

It was a pleasure to be part of Fals Hernia@Mumbai organised by Dr Ramen Goel Dr Sanjay Sonar, Dr Swapna Sonar, Dr Brijesh Dubey, Dr Hemant Patil, Dr Mandar Gadgil and the whole team of Wockhardt Hospital. Congratulations and thanks to President Dr Easwarmoorthy, Dr Randeep Wadhawan and Galaxy of faculty. The course was organised in a wonderful ambience with enthusiastic delegates, superb hospitality. The faculty of the course need to be commended for the content and the crisp lectures. The program had 80+ registrations with the eminent Faculty traveling from all over India. we are indebted to the organising team for the wonderful Fals course.



*President sir's address Mumbai*



*Auditorium at glance Mumbai*



*Faculty and Delegates, Mumbai*



*Excellent ambience in Glass Palace, Mumbai*



*Core team Fals Hernia, Mumbai*



*Felicitation of Armed Forces candidate Mumbai*

# TWIN PROGRAMS HOSUR

TWIN ACADEMIC TREATS IN THE CITY OF HOSUR!  
14TH TO 16TH JULY 2023

Dear friends, it had been a wonderful 3 days of academics in Hosur with FIAGES by Dr.Senthil and his team @ Gunam hospital, Hosur.

There were 52 delegates for FIAGES & 25 delegates for EFIAGES .

33 upper GI endoscopy cases, 3 colonoscopy cases & 1PEG tube insertion were shown to the delegates. We had live transmission of 7 laparoscopy cases - TAPP, TEP, IPOM & Cholecystectomy. We thank our Secretary Dr Satish Midha sir , EFIAGES Board chairman Dr Sathyapriya De Sarkar sir, FIAGES Board chairman Dr Kanagave and thanks to our Immediate past president Dr L P Thangavelu and our past presidents namely Dr John Thanakumar , Dr Sayandev Das Gupta, Dr Ramesh Agarwalla and our Faculties Dr Navaneethkrishnan, Dr Jaydeep Palep , Dr Ashwin Thangavelu, Dr Deepak Subramaniam, Dr Naveen Alexander, Dr Ganesh Shenoy , Dr M Ramesh, Dr Tulip, Dr Somasekar, Dr Srikanth. Special thanks to Dr Sakthivel , Dr Arunima Verma and Dr Vipulroy Rathod for joining online for their academic deliberations. Our heartfelt appreciation and thanks to Prof BKR SIR for coming online and motivating the youngsters.

My sincere thanks to Chief Trustee Dr Zameer Pasha and Our president-elect Dr Subash Aggarwal and Hon Treasurer Dr Govindraj & Vice President Dr T Sivakumar for their constant encouragement.

We can feel the warmth in every deed by Dr. Senthil.

High octane academic deliberations by our Faculty, excellent AV by video Anand and exceptional food choices at Hotel Claresta and 2 days of Banquet Dinner and dance and above all very committed and hungry delegates to make the whole journey to Hosur, to be cherished for years...

Salute to team Senthil and thanks to all our fellowship board members and Faculty friends.

IAGES rocks.



Welcome to the Hosur Twin program



President sir demonstrating Endoscopy techniques



Senthil with the IAGES President & Seniors



Core team Fals Hernia, Mumbai



Delegates at the Endo- trainer Session

# METABOLIC SURGERY



*Dr Ramen Goel*



*Dr Randeep Wadhawan*

## WHAT IS METABOLIC SURGERY?

RG-It is the operative manipulation of the normal organs with the intent of effecting changes in the body's milieu to achieve a potential health gain, in simple terms it is the treatment of metabolic diseases esp type 2 DM

## WHY METABOLIC SURGERY?

RW-It is the most effective long lasting treatment and resolution of type 2 DM, hypertension, sleep apnea and certain cancers

## HOW EFFECTIVE IS METABOLIC SURGERY?

RG-The results are dramatic and depend upon the duration of pre existence of the diseases. The resolution rates are as follows

Type 2 DM	92%
Hypertension	75%
OSA	96%
Dyslipidaemia	76%
Cardio vascular diseases	58%

## HOW SAFE IS METABOLIC SURGERY?

RW-the risk of death is 0.1% and major complications is 4%

## **WHAT ARE THE DIFFERENT METABOLIC SURGERY PROCEDURES?**

RG-Roux-en-Y Gastric Bypass

Sleeve Gastrectomy

Gastric Banding

Duodenal Switch

One Anastomosis Gastric Bypass

## **WHAT ABOUT LOW BMI METABOLIC SURGERY PATIENTS?**

RG-Guidelines from the 2nd Diabetes Surgery Summit advocate for the consideration of bariatric/metabolic surgery as one option, along with lifestyle and medical therapy, to treat T2DM among patients with a BMI >27.5 kg/m<sup>2</sup> with uncontrolled DM on adequate medical management.

## **WHAT INTERNAL CHANGES LEAD TO CONTROL OF METABOLIC SYNDROME IN METABOLIC SURGERY PATIENTS?**

RW-There is an inconsistent correlation between the amount of weight lost after RYGB and the degree of diabetes improvement.

There is a possible existence after surgery of chronic  $\beta$ -cell-stimulatory effects unrelated to weight change.

Other Potential mechanisms include enhanced secretion of lower intestinal hormones such as glucagon-like peptide 1, altered physiology due to excluding ingested nutrients from the upper intestine, upregulation of one or more putative “anti-incretins” or “decretins,” compromised ghrelin secretion, modulations of intestinal nutrient-sensing pathways that regulate insulin sensitivity, changes in bile acid signaling, perturbations of gut microbiota, alterations of intestinal glucose transport and metabolism, attenuation of intestinal sodium–glucose cotransport,

# UPCOMING PROGRAMS OF IAGES



**SAVE THE DATE**  
**2023**

## NAVIGATING SUCCESS

ALSGBI & ALTS Annual Scientific Meeting  
Thursday 30 November & Friday 1 December | Portsmouth Guildhall  
Guildhall Square | Portsmouth | Hampshire PO1 2AB

ALSGBI Laparoscopic Surgery Training Day  
Saturday 2 December | Queen Alexandra Hospital | Cosham  
Portsmouth PO6 3LY

ALSGBI Robotic Surgery Training Day  
Saturday 2 December | Griffin Institute  
Northwick Park & St Mark's Hospital y Block  
Watford Road | Harrow HA1 3UJ



Welcome to  
**IAGES 2024 Chennai**

[www.iageschennai.com](http://www.iageschennai.com)




**Team IAGES 2024**

Dr.S.Easwaramoorthy    Dr.Satish Midha  
Dr.Zameer Pasha    Dr.T.Sivakumar    Dr.M.Kanagavel    Dr.K.Govindaraj    Dr.Rajavel

## ABSTRACT SUBMISSION OPEN

Last date of abstract submission is 15th September, 2023



## IAGES MIDTERM 2023

VENUE: PEOPLES MEDICAL COLLEGE AND KUSHABHAU THAKRE HALL, BHOPAL, MP

16-17 October, 2023	25-28 October, 2023	28-29 October, 2023
PG MAS Skill Course	FIAGES/ eFIAGES	Main Congress

Conference Secretariat:  
 Dr.Nehal Chaurasia (+91 98113 48127) • Dr.Nishi Khandwal (+91 98191 34753)  
 Email: [iagesmidterm2023@gmail.com](mailto:iagesmidterm2023@gmail.com)

ABSTRACT SUBMISSION

SCAN QR CODE



## INDO-UK-SURGICON 2023

9<sup>th</sup> & 10<sup>th</sup> OCTOBER 2023

@ Royal College of Surgeons - Edinburgh



Welcome To

**IAGES-RCSEd**

Registration at

Edinburgh

Collaborative Conference

[www.IndoUkSurgicon2023.com](http://www.IndoUkSurgicon2023.com)

# ASSIGNMENTS IN AUGUST



## IAGES ASSIGNMENTS IN AUGUST....



**IAGES SAARC  
WEBINAR ON  
GROIN  
HERNIA**  
CLIRNET  
6<sup>TH</sup> AUGUST



**FAGIE ERCP  
FIAGES  
PG MAS  
MASTERCLASS**  
RAJAHMUNDRY  
11<sup>TH</sup> TO 13<sup>TH</sup>  
AUGUST



**FALS HERNIA  
COURSE**  
DELHI  
18<sup>TH</sup> TO 20<sup>TH</sup>  
AUGUST



**EFIAGES  
FIAGES  
JAMSHEDPUR**  
25<sup>TH</sup> TO 27<sup>TH</sup>  
AUGUST

[WWW.IAGES.IN](http://WWW.IAGES.IN)

# WCES 2024



**WCES-IAGES**  
KOLKATA | INDIA, 2024

WELCOME TO

## WCES-IAGES

20th World Congress of Endoscopic Surgery (WCES 2024)  
International Federation of Societies of Endoscopic Surgeons (IFSES)  
22nd Annual Conference of Indian Association of  
Gastrointestinal Endo Surgeons (IAGES)

Venue: Biswa Bangla Convention Centre | Kolkata

**Theme - Continuum of Surgery - Envision the Future**  
Minimal Access | Laparoscopic | Endoscopic | Robotic

**23-26**  
October, 2024



www.wces-lages2024.org

Please avail Special tariff for this FIAGES course  
Special registration fee ₹ 25,000 ₹ 15,000 +GST

### REGISTRATION FEE DETAILS

Category	Early Bird (20th Sept to 30th Oct 2023)	Regular (1st Nov 2023 to 30th Oct 2024)	On-site
IAGES Member	₹25,000	₹30,000	₹36,000
IAGES Non Member	₹31,250	₹37,500	₹45,000
P-C Student (India)	₹11,875	₹14,250	₹17,100
Accompanying person (India)	₹6,750	₹10,500	₹12,600
Others (doctor/nurses)	₹7,500	₹11,000	₹13,800
IFSES Member (International)	\$500	\$600	\$720
IFSES Non Member (International)	\$719	\$863	\$1,035
P-C Student (International)	\$313	\$375	\$450
Accompanying Person (International)	\$188	\$225	\$270

\*Above mentioned costs are inclusive of 18% GST



SCAN HERE



### BANK ACCOUNT DETAILS

NEFT & RTGS details of WCES 2024 Kolkata

Account Name: WCES2024	A/C No: 50100453658379	Branch: KASBA, KOLKATA
IFSC CODE: HDFC001932	Name of Bank: HDFC BANK	

For any assistance, please reach us  
M: +91 89086 64569 | T: +91 80 2608 0700

Or  
Use this link to register  
[wces-lages2024.registryourseat.in/loc/](http://wces-lages2024.registryourseat.in/loc/)

Register Now!

# IAGES SAARC WEBINAR



## IAGES SAARC WEBINAR ON GROIN HERNIA

### TEP & TAPP: TIPS & TRICKS

DATE: 06th August 2023, Sunday | TIME: 09:30 AM - 01:30 PM

#### PROGRAM OUTLINE

Time	Topic	Speaker	Duration	Moderators
09:30am - 09:35am	Welcome Address		05 min	Dr. Deep Goel, Chairman
09:35am - 09:40am	President Address		05 min	Dr. S. Easwaramoorthy
09:40am - 10:40am	Back to Basics		45 min	Dr. Anil Sharma, Dr. Sanjay Sonar, Dr. Vijay Borgaonkar, Dr. Satish Midha
	Laparoscopic Anatomy for Groin hernia surgeon	Dr. Satyapriya De Sarkar	15min each	
	Mesh & Fixation devices	Dr. Mandar Gadgil	15min each	
	Strategies to prevent infection after laparoscopic Groin hernia surgery.	Dr. Jignesh Gandhi	15min each	
10:40am - 11:40am	How do I do?		45 min	Dr. Meenakshi Sharma, Dr. Sumeet Shah, Dr. Sreejoy Patnaik, Dr. Jignesh Gandhi
	TAPP: Step by Step:	Dr. Parveen Bhatia	15min each	
	TEP: Step by Step	Dr. Vandana Soni	15min each	
	E TEP-Step by Step	Dr. Sarfraz Balg	15min each	
11:40am - 12:10pm	State of the art lecture		20 min	Dr. Sunil popat, Dr. John Thanakumar, Dr. Pawanindra Lal
	Prevention & Management of Recurrent Inguinal hernia: Pearls of Wisdom	Dr. Ajay Kriplani	20 min	
12:10pm - 01:00pm	Disasters due to laparoscopic Groin hernia repair		5 min plus 5 min (5 videos)	Dr. Ramesh Punjani, Dr. Premkumar Balachandar, Dr. Rajesh Khuller, Dr. Sagar
	Bleeding during groin hernia	Dr. Ramesh Agarwalla		
	Trouble with peritoneal rents: How do I tackle?	Dr. Nidhi Kandhelwal		
	Mesh infection & explantation for lap groin hernia	Dr. Sanjay Sonar		
	Challenges and solutions during E TEP for Groin hernia	Dr. Ganesh Shenoy		
	Troubles during robotic hernia surgery	Dr. Ashish Vashista		
01:00pm - 01:10pm	Hernia Quiz		10 min	
	10 questions/Answers by Google form or Kahoot	Dr. Deepak Subramaniam & Dr. Naveen Alexander		
01:10pm - 01:30pm	Song/Music by IAGES Cultural Club	Dr. Sarfraz Balg & Dr. Madhuprakash Karanwal	20 min	
01:30pm	Vote of Thanks	Dr. Satish Midha		