



# IAGES NEWSLETTER

**NO.3**

**OCTOBER 2023  
ISSUE NO 3**

## **INDO UK SURGICON**

**A GREAT  
COLLABORATION**

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## **A VISION ON ENDOSCOPY**

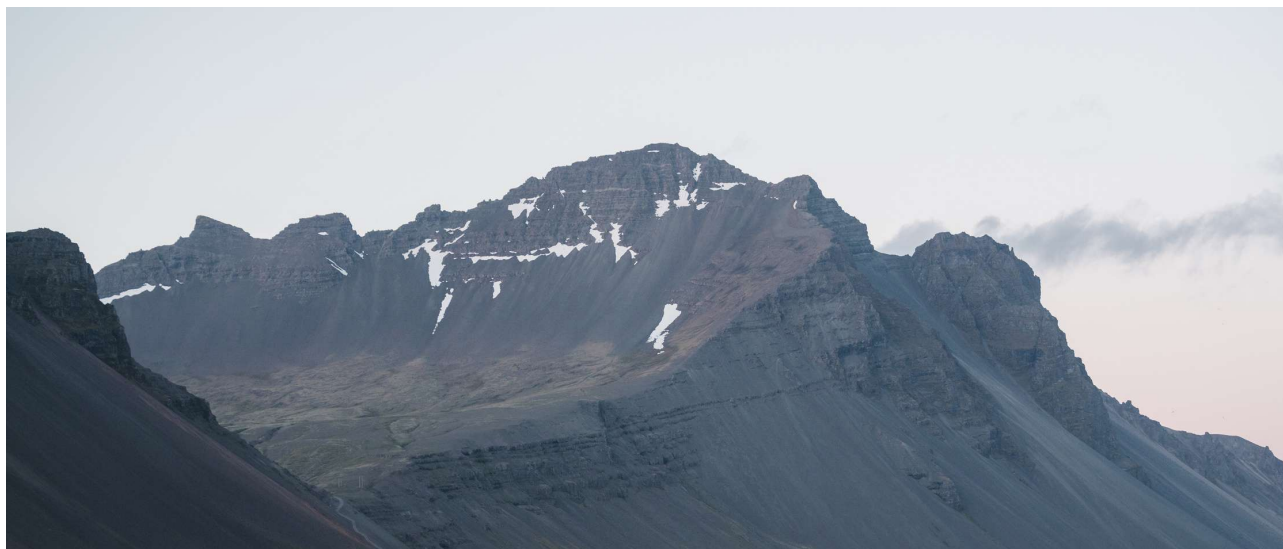
**INTERVIEW WITH THE PRESIDENT**

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**GREAT PROGRAMS BY DEDICATED  
ENTHUSIASTIC ORGANISERS**

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**FROM THE EDITORS DESK**

*'IT GIVES ME IMMENSE PLEASURE TO PRESENT THE 3 RD NEWSLETTER OF IAGES.AND MORE SO, TO REPORT THE ACHIEVEMENT OF IAGES AND THE ORGANISERS OF THE VARIOUS PROGRAMS OF THE PAST 3 MONTHS.THE CROWNING GLORY WAS THE INDO UK SURGICON A PROGRAM THAT HAS CREATED HISTORY OF SORTS"*



**AND REMEMBER WHAT THIS GREAT MAN SAID**

*I WOULD LIKE TO SEE THE DAY WHEN SOMEBODY WOULD BE APPOINTED SURGEON SOMEWHERE,WHO HAD NO HANDS,FOR THE OPERATIVE PART IS THE LEAST PART OF THE WORK- HARVEY CUSHING*

# FALS HERNIA DELHI



FALS Hernia Delhi

Date 18th to 20th August 2023

Venue: Max Hospital, Saket

Report from the Organizing chairman: Dr. Ashish Vashistha

With great pride, we concluded the FALS HERNIA 2023 course, conducted on 18th to 20th August in Max Superspeciality Hospital Saket Auditorium. It was attended by 110 delegates from India and abroad. More than 45 Senior faculty shared their insights into Hernia surgery from Anatomy to adopting the latest technology in Robotics.

In total 11 live operative surgeries were demonstrated. We would like to share our gratitude to Complete Max Hospital for its outright support for us. It means a lot to our department.

Special thanks to our President Dr. Easwaramoorthy, Dr. Chowbey Sir and his team, Dr. Randeep & all our Faculty Members who took time from their busy schedules to share their Hernia expertise with the delegates. Last but not least Our Entire Department of General Surgery and Robotics for hard work, meticulous planning, and implementation of this course.

A word of Praise from the President IAGES

It was heartening to witness one of the best academic programs in recent times conducted with so much commitment, passion, and precision. Exceptional high-quality academic deliberations and wonderful Max hospitality. Our heartfelt appreciation to team Max, Saket led by our friend Dr. Ashish Vashistha



# FIAGES JAMSHEDPUR

FIAGES EFIAGES @ JAMSHEDPUR

25.08.23 TO 27.08.23

Organizing team: Dr.Sunil Kumar, Dr.Arunima Verma

Thanks to Dr.Sunil Kumar, Dr.Arunima Verma, and Dr.Sanjay Sharma. we had a very memorable twin academic treat in the Steel City of Jamshedpur in Tata Motors hospital.

Mandira of IAGES and TATA were the same, with Innovation, safety, and excellence in everything we have been doing.

45 FIAGES and 23 EFIAGES Fellowship candidates with nearly 20 postgraduates and 20 faculty joined in this unique event with 80 percent academics and 20 percent extracurricular activities.

Lush green surroundings, and clean quiet streets with a sparse population in this industrial heart of Jharkhand would make anyone feel that they are somewhere in the UK or Europe.

Tata Motor Hospital with wonderful management training center and a well-equipped hospital with very willing staff to go the extra mile to make this academic exercise, a great success.

Arunima Verma and her postgraduates and staff have left no stone unturned with the micromanagement of these synchronous show of endoscopy and laparoscopy fellowship courses. Thanks to our seasoned faculty with a passion to teach & train and interested trainees to listen & learn, it was a pleasant & purposeful trip for all.

Beautifully maintained Golf courses, wonderful floral gardens, kennels with trained dogs, Floral Horticultural Society bird sanctuary and a memorable and privileged trip to visit the assembly line in Tata Motors automation unit are additional perks for the faculty friends.

*On Saturday night we had a great champagne dinner with dance and music with a surprise performance by Zameer, Kanagavel, Rubjyoti Datta, Arubapha and Arunima entertaining the audience and encouraging them to get on to the dance floor for 2 hours of DJ. It was a memorable night of dance and music.*

*Overall, it was 10 out of 10 on all fronts. We salute team Tata Motors and our special thanks to their head, Mr.Rajendra Kulkarni for his gracious presence during the inaugural ceremony and faculty dinner. Yes! Steel City stole all our hearts....*



# SANGAMAM

FIAGES SANGAMAM

TRICON @ TRIVENI

Venue: Kanyakumari Medical College, Tamil Nadu

Date: 22nd to 24th September 2023

Organizing team : Dr.T.Sivakumar and Dr.J.A. Jayalal

We were pleased to witness another edition of Tricon in the beautiful coastal city of Kanyakumari. We had more than 120 registered for FIAGES, 50 delegates for EFIAGES, and nearly 100 delegates for PG MAS Masterclass. In addition, we were pleased to have nearly 30 faculty from outstations for various academic deliberations.

Annai Seafront Resort was a wonderful place to unwind after long hours of teaching and training. Team Kanyakumari Medical College under the leadership of Prof Jayalal and Dr.Sivakumar conducted all 3 academic sessions in clockwise precision with boundless energy and enthusiasm. Dr.Sivakumar made extraordinary efforts to ensure the beachside banquet dinner on each day, something we would all cherish for many years to come. Exceptional South Indian seafood delicacy, entertaining music, and dance, birthday celebrations, and the exhilarating trip to Vivekananda rocks in the rough sea are a few of the magic moments....



# SANGAMAM



# ENDOSCOPY TRAINING FOR THE SURGEONS

## PRESIDENT EASWARMOORTHY SIR'S INTERVIEW

IAGES ENDOSCOPY FELLOWSHIP  
FOR SURGEONS IS NOT JUST A COURSE,  
BUT A MOVEMENT!  
Editor of Newsletter,



*Dr Sanjay Sonar interviewing  
IAGES President @ Triveni  
Sangamam...*

### **Why do you think endoscopy training is important for surgeons even in this era of laparoscopy?**

Hi Sanjay. You have hit the bull's eye with your first question itself!

Let us first understand, that endoscopy training is essential and all the more important in this era of laparoscopy.

As an upper GI surgeon, it is always better if you could do it yourself, a pre-operative endoscopy for a patient with hiatus hernia requiring Nissen's fundoplication. If any post post-operative issues like dysphagia or recurrence of symptoms, again, we can go ahead performing the endoscopy to find out what is going on.

As a bariatric surgeon, you should be competent doing preoperative endoscopy to look for hiatus hernia, incidental polyps etc prior to planning suitable bariatric procedures. In the event of post-operative leak or strictures, endoscopic rescue procedures like Stent deployment or balloon dilatation can help our patients to come out of such dire situations.

Intra operative endoscopy for challenging gastric or colonic lesions and on-table enteroscopy for obscure bleeding are some unique situations, where you will realize the impact of possessing flexible endoscopic skillset.

Like these examples, we can go on citing various situations where endoscopy training would be a great asset for all of us!

I agree, only few surgeons are competent performing flexible endoscopy. There are fewer options for any training opportunities for the surgeons interested to learn the art and science of endoscopy.

### **What do want the younger generation of surgeons to do now with regards to endoscopy training?**

Better late than never. First let us realise that endoscopy training is essential for every surgeon. More and more surgical procedures would be performed in the flexible endoscopy platform in the coming years. Like open surgery or laparoscopic surgery, endoscopy is a mode to treat any suitable surgical situations by all of us. Never have a doubt in your mind with regards to any medicolegal issue. It is a myth. We are all legally permitted to perform diagnostic endoscopy, colonoscopy and lifesaving endotherapeutic procedures provided we have gone through adequate training.

So go out and find a way to acquire this essential skill. Join us in the less travelled path of endoscopic surgery and you will reap greater rewards in your clinical practice

### **Where to find the training opportunities in the art of endoscopy?**

One need not go very far! IAGES had realised the lack of adequate endoscopy training opportunities and hence established the endoscopy training board way back in 2016. In the last 7 years, we are happy to note that we have trained more than 1500 surgeons with basic level 1 endoscopy training. Having witnessed the enthusiasm by our members, we have started advanced endoscopy training courses in line with FALS courses namely FAGIE Colonoscopy, FAGIE ERCP and FAGIE therapeutic upper GI courses. We are sure with endoscopy training incorporated in our more recent PG MAS Masterclasses; all younger generations will be able to build on the foundation laid by IAGES. Future is bright and very promising. Our motto is endoscopy training by the surgeons for the surgeons for the benefit of mankind.

I request our friends to visit [www.iages.in](http://www.iages.in) to know about upcoming endoscopy training courses across India. They could also buy copy of endoscopy and colonoscopy books by writing to [academics.iages@gmail.com](mailto:academics.iages@gmail.com)

### **How much one can learn by attending 3-day short endoscopy courses?**

The quality of training is not dependant on the quantity of training duration. It is the intensity of training program, that matters. With focused structured simulation-based training course with expert faculty, we will be able to teach safe way of performing diagnostic endoscopy with such short courses. We have confirmed this by recent study of impact of our EFIAGES courses held between 2016 to 2019.

We have been able to inspire the budding surgeons to learn endoscopy skillset. Our job is to put him in the right trajectory of learning path and ensure he is getting the quality training. We have 'Miles to go before we sleep'. But we are happy to note we have been able to make significant inroads in endoscopy training of surgeons in India.

By 2030, we are sure to find most of the surgeons in India are competent in performing flexible endoscopy and several endotherapeutic procedures. Future is bright.

Endoscopy and laparoscopy are like our two eyes.  
So, we have better scope and broader vision.

Friends let us remember,

There is no scope without scope!

Sanjay, it has been very nice talking to you on a topic which is very close to my heart...

Thank you!

Long Live IAGES...

## **References**

1. Sundaram E, Chandrasekar S, Agarwalla R, Govindaraj K, Desarkar S, Yasmine J, et al. Study on the impact of a flexible endoscopy training course for surgeons in India. J Min Access Surg 2023;19:227-33
2. Sundaram E, Bhimanakunte KR. 10 reasons why surgeons should continue performing flexible endoscopy. J Min Access Surg 2022;0:0-0

# PG MASTERCLASS CALICUT

PG MAS MASTERCLASS At Calicut Medical College

Thanks to Prof Soman, Dr Dipin, Dr Arun, Dr Bharath, Dr Nitin and everyone who made this onsite postgraduate hands-on training course, most educational and enjoyable in Calicut.

It was a pleasure to have Zameer Pasha, John Thanakumar, Senthil and Ajaiyakumar as our IAGES faculty to teach all the budding surgeons

Dr Ajaiyakumar as host and guest made our outing to beach and Mittai Street with the musical Anand memorable!

Kudos to team Calicut medical college and surgical club for wonderful arrangements



# FAGIE ERCP GSL

TRICON @ GSL

FIAGES, FAGIE ERCP, PG MAS MASTERCLASS

DATE: 11TH TO 13TH AUGUST 2023

VENUE: DENTAL COLLEGE AUDITORIUM COMPLEX, GSL

Report on Tricon 2023 GSL

Dear Friends, We had a wonderful time at GSL Rajahmundry with 3 days of academics and a Cultural feast with heart-warming Hospitality and mouth-watering delicacies.

3 academic events running parallel were possible only by collective efforts by our IAGES family of Faculty working synchronously with team GSL.

FAGIE ERCP was conducted for the very first time in the history of IAGES with 20 faculty and 50 delegates. Prof BKR, D.Amit Maydeo, Dr.Amol Bapaye, Dr.Vipulroy Rathod and Dr.Subhash Khanna were there along with all our faculty friends from IAGES and GSL. Dr.Arun and team GSL helped us to have a high-octane academic deliberations.

26 ERCP cases, 2 live relays were done and all the delegates thoroughly enjoyed the academic extravaganza



# FIAGES GSL

FIAGES GSL was conducted in a parallel hall with nearly 60 delegates and 20 faculty including stalwarts like Dr.Abhay Dalvi, Dr.Subhash Aggarwal, Dr.Satish Midha and Dr. Jaydeep Palep and many more. We have an excellent live demonstration of nearly 10 laparoscopic cases. PG MAS Masterclass was attended by nearly 100 surgical postgraduates and the inaugural ceremony was graced by 2 vice-chancellors in AP who were very much appreciative of all our academic efforts

Both day dinners and musicals by students were very entertaining and relaxing. We finally ended up on the dancing floor to witness the hidden dancing and singing talents of Abhayji, Jaydeep, and our EC colleagues...

Overall, it was a unique event appreciated by most of the delegates...

Thank you Ganni Garu, Murthy Nyasavajjla, Samir ,Arun and all the team members of GSL for a stellar show.

Long live IAGES



# REPORT ON INDO-UK SURGICON 2023



## **IAGES RCS EDINBURGH COLLABORATIVE INTERNATIONAL CONFERENCE**

IAGES RCS Edinburgh collaborative conference was successfully held in the beautiful city of Edinburgh at the Surgeons Quarters of the College from 8th to 11th October 2023. 140 persons including 97 delegates and 43 spouses and children travelled to the UK for this historic summit. 120 delegates including 12 guest speakers attended this 4-day academic festival.

## **TEAM INDOUK SURGICON 2023**

- Dr. S.Easwaramoorthy, President IAGES
- Dr.Ramen Goel, Organizing Chairman
- Dr.Pawanindra Lal, Organizing Secretary
- Prof Rowan Parks, President of RCS Edinburgh

## **LAPAROSCOPIC SUTURING COURSE ON 8TH OCTOBER**

Thanks to Dr.Ravi Date, Dr.Shyam Matanhelia & Ms. Nithya Krishanmohan, we had a successful conduct of half-day hands-on laparoscopic suturing skill course in the Skill Centre at the Surgeon's quarter and attended by 12 enthusiastic delegates from India

## **WELCOME DINNER ON 8TH OCTOBER EVENING**

Prof Rowan Parks was gracious to host a grand gala welcome dinner in the college library. IAGES EC members and their spouses and invited guests from the UK joined the hosts during this wonderful evening. Prof Mike Griffin, Dr. Peter Vaughan Shaw, Prof Angus Watson, and Ms. Clare McNaught joined us for this memorable evening. Prof Rowan Parks welcomed the guests and briefly described RCS Edinburgh and its activities and about city of Edinburgh. Dr. Easwaramoorthy thanked the President of RCS Edinburgh for hosting the Dinner in the iconic college library. During his speech, he mentioned that while RCS Edinburgh has more than 600 years of history, more than 35000 members across the globe, and has been an academic body for more than one legion, IAGES has 30 years of history and more than 10,000 active members across the subcontinent and but has been a vibrant academic body for the lesion of Minimal Access Surgeons. He felt that both the academic forums would strive for Excellence and Safety and hence they could join hands for the betterment of their members with trustworthy collaborative academic partnerships. Faculty support for educational courses, accreditation of IAGES courses, and collaborative research activities are potential areas for future collaboration between the associations.



# INDO-UK SURGICON 2023

- Academic deliberations were held in 3 halls on the 9th and 10th of October and the whole scientific program was wonderfully crafted by Dr J.K.A. Jameel and team IAGES.
- Hall A (Wolfson's Hall) had all the state-of-the-art lectures on 7 subspecialties namely Upper GI, Bariatric surgery, Colorectal surgery, Hernia, HPB, Robotic Surgery, and flexible endoscopy. There was a total of 8 Plenary lectures well attended by more than 100 delegates
- Hall B (GB Ong room) had all the free papers, master videos on 7 subspecialties with active interaction with chairpersons
- Hall C (Tausend room) had a display of 13 scientific posters which were discussed during lunch break. Dr. Randeep Wadhavan, Dr. Deep Goel and Dr. Satyapriya DeSarkar were the judges for the poster session.
- The quiz program on Innovations of MAS on 9th October was the icing on the cake of this academic feast.



### **IAGES RCS EDINBURGH BUSINESS MEETING**

Prof Rowan Parks convened a hybrid meeting with team RCS Edinburgh to discuss the future directions for IAGES RCS Edinburgh academic collaborations and suggested that MOU could be signed in the near future clearly indicating the areas of collaboration. Prof Tim Graham, Ms. Clare McNaught, Prof Angus Watson, and Dr. Selvasekar were at the meeting with IAGES senior representatives and college staff in international affairs and accreditation.



### **BANQUET DINNER ON MONDAY NIGHT**

Team IAGES has arranged a very memorable gala dinner in the historic Playfair hall for all the 140 guests including Prof Rowan Parks, Prof Mike Griffin, Ms. Clare McNaught, Prof Angus Watson, and Prof David Mahon. After the exchange of gifts and welcome speeches by the Presidents, several of the delegates entertained the guests with melodious songs and instrumental music. Finally, all the couples participated in the fashion parade in their colourful Indian national dresses. It was a wonderful goosebump moment when they all started singing a group farewell song at the end.





## **ROBOTIC SURGERY HANDS ON WORK SHOP ON 11TH OCTOBER**

- Dr.Selvasekar, Dr.Arul Immanuel, and Dr.Randeep Wadhavan were among the trainers in this intuitive robotic surgery workshop attended by 16 delegates from India.
- Prof Rowan Parks and Prof Peter Vaughan supervised the successful conduct of this one-day event and interacted with all the delegates.

## **IAGES TUGSS MEETING ON 12TH OCTOBER**

- Thanks to Dr.Murthy Nyasavajjla, Dr.Brij Madock and Dr.Y.K.S. Viswanath and team Trent Cliffs, 20 delegates from IAGES traveled to Scunthorpe and joined the TUGSS team and local delegates for this wonderful hybrid bariatric academic summit.



## **FACULTY CERTIFICATE AWARD CEREMONY**

Team INDOUK SURGICON arranged to present all the faculty members with a Certificate of Appreciation during a colourful award ceremony on the 10th of October evening .



## **FACULTY CERTIFICATE TO MR.PALA RAJESH, PAST VP RCS EDIN**



**ROBOTIC HANDS ON COURSE 11.10.23 AT RCS EDIN**



**WE THANK ALL THE STAFF AT RCS EDINBURGH INCLUDING MRS.JACKIE HUDSON, MR.GERARD, MR.NEIL GOLIGHTLY FOR THE SMOOTH AND SUCCESSFUL CONDUCT OF THIS HISTORIC SUMMIT. OUR HEARTFELT THANKS TO DR.SAIKRISHNA VITTAL, DR.SELVASEKAR, PROF MIKE GRIFFIN, AND DR.PALA RAJESH FOR THEIR CONSTANT ENCOURAGEMENT AND SUPPORT.**

## **FEEDBACK COMMENTS**

*Brilliant. Great few days and it was a joy and pleasure having the IAGES meeting in Edinburgh at RCS Edinburgh- Dr.Rowan Parks*

*Extra ordinary event and wonderfully executed - Dr.Pala Rajesh*

*Great 2 days, flawless execution and colorful academic feast*

*- Dr.Chandra Cheruvu*

*Fantastic program and great hospitality by RCS Edin- Dr.Sanjay Sonar*

*Wonderful event & thoroughly enjoyable- Dr. David Mahon, ALSGBI*

Dear Friends,

IAGES RCS Edinburgh academic summit was a small step in the right direction for future academic and research collaboration for the mutual benefit of fellows and members. Future belongs to trustworthy academic friendship and partnership....



